

WHERE TO FIND HELP:

Tues 1st If you are afraid or fearful: Isaiah Ch 41 v10 – Fear nothing for I am with you. I am your God, I strengthen you, I help you.

Wed 2nd If you are anxious or worried: Matthew Ch 6 v24 – I bid you put away anxious thoughts about food or drink to keep you alive or clothes to cover your body. Surely life is more than these.

Thurs 3rd If you are bereaved: Revelation Ch 22 V3 – The throne of God and the lamb will be there, and his servants will see him face to face.

Fri 4th If you are choosing a career: Proverbs Ch 3 v5 – Put all your trust in the Lord and do not rely on your own understanding.

Sat 5th If you are in danger: Psalm 91 v14 – Because his love is set on me, I will deliver him; I will lift him beyond danger.

Sun 6th If you are dedicating your life: Romans Ch 12 v2 – Let your mind be renewed and your whole nature transformed.

Mon 7th If you are depressed: Roman Ch 8 v35 - Then what can separate us from the love of Christ? Can affliction or hardship? Victory is ours through him who love us.

Tues 8th If you are doubtful: John Ch 20 v27 – Jesus said to Thomas “Reach out your hand and put it in my side”. Happy are those who never saw me and yet believed.

Wed 9th If failure comes: Hebrews Ch 4 v14 – Let us hold fast the religion we profess and approach the throne of God to find timely help.

Thurs 10th If our faith is weak: Luke Ch 12 v30 – Your father knows what you need. Set your mind upon his kingdom.

Fri 11th If you feel far from God: Psalm 42 – As the hind longs for the running streams, so do I long for thee oh God. How deep am I sunk in misery?

Sat 12th If you feel inadequate: 2 Corinthians Ch 12 v10 – Christ will rest upon me. Hence I am well content, for Christ’s sake, for when I am weak then I am strong.

Sun 13th If you are feeling strong: Psalm 18 – I love thee oh Lord my strength. The Lord is my stronghold, my fortress, my rock where I find safety.

Mon 14th When friends fail: Luke Ch 17 v3 – If your brother wrongs you and repents, forgive him. Even if he wrongs you seven times in a day, say “You are forgiven”.

Tues 15th If you are ill or in pain: Psalm 103 v1 – Bless the Lord, my soul. He pardons my guilt and heals my suffering.

Wed 16th If you are about to leave home: Proverbs Ch 4 v10 – Listen my son, take my words to heart. I will guide you in paths of wisdom and lead you in honest ways.

Thurs 17th If you are lonely: Revelation Ch 3 v20 – I stand knocking at the door, if anyone hears my voice and opens the door, I will come in and sit down to supper with him.

Fri 18th If you need assurance: 1 John Ch 3 v23 – This is his command: give allegiance to Jesus Christ and love one another.

Sat 19th Psalm 37 v3 – Trust in the Lord and do good: settle in the land and find safe pasture.

Sun 20th If you are needing peace: John Ch 14 v27 – Peace is my parting gift to you, such as the world cannot give. Set your heart at rest.

Mon 21st If you are in need of sleep: Psalm 4 v8 – Now I will lay me down to sleep, for you alone, oh Lord, maketh me unafraid.

Tues 22nd Praying: Luke Ch 11 v1 Once in a certain place Jesus was at prayer. His disciples said “Lord, teach us to pray.” He answered, “When you pray, say Our Father, thy name be hallowed”.

Wed 23rd If sin is a burden: Luke Ch 7 v37 – Jesus was at table in the Pharisee’s house, a woman living an immoral life took her place behind him. She washed his feet with her tears and wiped them with her hair and anointed them with myrrh.

Thurs 24th If you are sorrowful: 2 Corinthians Ch 1 v5 – As Christ’s cup of suffering overflows, so also through Christ, our consolation overflows.

Fri 25th If successful: Deuteronomy Ch 8 v12 –
When you have plenty to eat and live in fine houses
do not become proud and forget the Lord your
God.

Sat 26th If you are tempted: Psalm 1 v1 – Happy is
the man who does not take the wicked for his guide
nor walk the road that sinners tread.

Sun 27th Be thankful: Ephesians Ch 5 v18 – Let
the Holy Spirit fill: sing and make music in your
heart to the Lord and in the name of Jesus give
thanks every day.

Mon 28th If you are troubled: John Ch 14 v1 – Set
your troubled heart at rest. Trust in God always.
Trust also in me. I am the way, the truth and the
life.

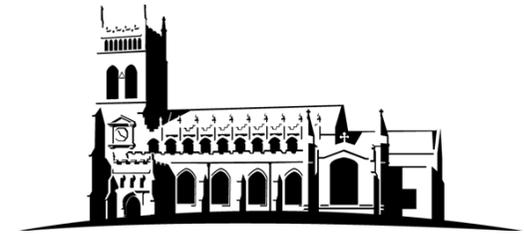
Tues 29th If you are weary: Matthew Ch 11 v28 –
Come to me, whose work is hard, whose load is
heavy, and I will give you relief.

Wed 30th If you are wanting courage: Ephesians
Ch 6 v10 – Finally find your strength in the Lord.
Put on all the armour which God provides so that
you may be able to stand firm.

Thurs 31st Dear Lord Jesus Christ, we pray for each
other. May we be there for each other in times of
need, whatever it may take. Amen.

St.Margaret's Church

I P S W I C H



PRAYER DIARY

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Compiled by Shirley Girt