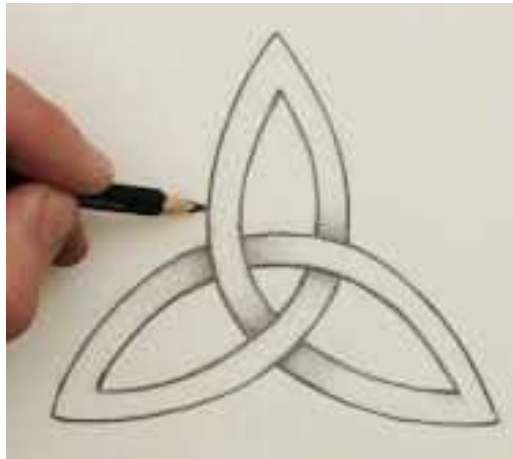




## Sunday 31st May, 2026

### Trinity Sunday



I wonder if you were ever challenged at school to build a weight bearing bridge out of paper and tape? The test? To see which bridge could bear the most weight whilst bridging a divide. You can imagine the variety of designs that helped us to understand the strength of a triangle. On Trinity Sunday, the threefold nature of God, Father, Son and Holy Spirit is explored as a mystery, a dance. Yet if we care to notice, there are many patterns of three that are strongly connected:

earth-air-sky : body-mind-spirit : faith-hope-love : life-death-resurrection : I-you-we : God-neighbour-self.

The Celtic Trinity Knot consists of three interwoven loops: eternally connected, without beginning or end. No aspect more significant or important than another: all essential for balance and life.

What strengthens you?

scripture-sacrament-service : peace-prayer-praise : Christ-cross-church?

Something to think on as you go about this week.

See you in Church tomorrow,

Rev Sarah

May Prayer Diary

## June Prayer Diary

The link for the June Prayer Diary is provided here but the Prayer Diary has not yet been uploaded to the website. It should all be working from Monday morning, 1st June, ready for your prayers.

## Services this Week

**Livestreamed services** are marked (L). Please use the button below to view services at the times given or to catch up at anytime.

### **Saturday 30th May (this morning)**

9am - Church breakfast with food and fellowship and faith-filled conversation for ALL, themed around Pentecost.

### **Sunday 31st May (Trinity Sunday)**

8 am BCP Holy Communion

10am Parish Worship

### **Tuesday 2nd June**

8 am Morning Prayer

10.30am Communion at Norwood

3.30pm Communion at Christchurch Court

### **Wednesday 3rd June**

9am School service

12 pm Holy Communion (with Celtic liturgy for the 1st Wednesday of the month)

### **Thursday 4th June**

~~8pm Choral Compline (L)~~ There will be no service of Choral Compline on Thursday.

### **Friday 5th June**

8 am Morning Prayer in Church

### **Saturday 6th June**

8.30am - Men's breakfast

10-4pm Creative retreat day in church, including a light lunch. Use [this link](#) to sign up.

We look forward to welcoming you to St Margaret's Church. ***Parking is available in St Margaret's School car park for weekend services.*** During the week, the children are in school and we cannot use the playground as a car park. Please drive slowly and carefully through the gates. We are grateful for our partnership with the school. The church will be open daily for private prayer, reflection and visiting from 10am to 4pm.

Click here for Livestreaming

# Lectionary

## This Sunday

2 Corinthians 13.11-14 ([KJV](#)) ([NRSVUE](#))

Matthew 28.16-end ([KJV](#)) ([NRSVUE](#))

Read in traditional language - King James Version - at the 8am service and from the New Revised Standard Version (Updated Edition) at other times.

## Church News

please pray for the life of this church as we seek to grow in faith, hope and love

### Today!

9-10.30am Community Breakfast in the Church Centre with fellowship and worship and conversation on the theme of Pentecost and the Holy Spirit.

*An Ecumenical social gathering for the LGBTQIA+ community.*

# Faith in Community

*Every last Saturday of the month  
11 am - 1 pm  
New Wolsey Theatre Cafe, IP1 2AS*

### Feedback on New Worshipping Pattern

Rev Sarah and the PCC would welcome your thoughts on how the new worshipping pattern is settling in. What is going well, what still needs to develop and grow and what might need to stop. You can email your thoughts to [office.stmagsips@gmail.com](mailto:office.stmagsips@gmail.com). Rev Sarah will be in church on **Saturday, 29th May at 11am** for anyone who wants to share any thoughts on this. Similarly,

there will be the chance to gather together over coffee **after the 10am service tomorrow, Sunday 31st May.**

### Churches Count on Nature

St Margaret's is taking part again this year in Churches Count on Nature

The details have now been finalised for the webinars and bookings are open - click [here](#) for more information. We will gather in the churchyard at **10am on Saturday 13th June** to identify the wildlife in our churchyard. With refreshments for everyone and sticker activities for children, all are welcome.

### Make a Joyful Noise

Musicians and singers are gathering on **Monday 1st June at 7pm** to run through songs for services in June and to choose music for July. If you play an instrument or enjoy singing, come along. For more details email [music.stmagsips@gmail.com](mailto:music.stmagsips@gmail.com)

Choir practice continues on Thursday evenings.

### Creative Retreat Day, 6th June, 10am-4pm

Last Chance to sign up this week: an opportunity to explore faith on the theme of Creation and Creativity during a day at St Margaret's. Details in the poster towards the end of the newsletter or on the website [here](#). To secure your place please register [here](#).

### Summer HolyDay, Saturday 18th July 10-4pm

A day out in Bury St Edmunds! With worship, activities and time to explore. Details on the website [here](#) (or later in this newsletter). To register your interest, please click [here](#).



### FIND (Families in Need) Update

FIND continues to be exceedingly busy as the rising cost-of-living impacts more individuals and families. This impact also means that they are seeing much lower quantities of food donations.

#### Quick facts - during April 2026....

- **For food**
  - FIND distributed 531 food parcels and 1,254 bags for 910 people (supporting 637 adults, and 273 children).
  - 50% of people accessing FIND were based in central or north-east Ipswich (zones within or adjacent to St. Margaret's parish: IP1 = 31%; IP4 = 19%).
  - People were commonly accessing FIND due to very low income (36%); or an income gap e.g., awaiting first wage payment (15%).
- **For other needs**
  - FIND supported 50 referrals (representing 27 adults and 23 children) for needs including duvets (x19), pillows (x16), mattresses (x8), and beds (x6).
  - Other needs included cookers, microwaves, tents, sleeping bags and baby items (toys, buggies, clothing, stairgates).

#### ***CAN YOU HELP?***

**A box is available throughout the year at the back of the church for donations to FIND e.g., long-life food and personal care items.** Donations can also be made at East of England Co-Op shops, Waitrose at Futura Park, and Sainsbury's (Warren Heath & Ipswich town centre).

**FIND currently need carrier bags and bags for life, soup, cooking oil, tinned tomatoes, long life milk, tea bags, tinned fruit, washing powder, toilet rolls, womens and mens deodorant, shaving foam/gel,**

size 6 nappies.

FIND is also currently looking for volunteer drivers - please see poster below, and contact them directly for more information.



# VOLUNTEER DRIVERS

# NEEDED!



**WE NEED YOUR HELP TO MAKE A DIFFERENCE!**

**JOIN OUR TEAM OF DRIVER VOLUNTEERS AND CONTRIBUTE TO SOMETHING MEANINGFUL**

<b>3 HOURS PER WEEK</b>	<b>MILEAGE PAID</b>	<b>MUST HAVE OWN VEHICLE</b>
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**CONTACT US AT:** [office@findipswich.org.uk](mailto:office@findipswich.org.uk)  
01473 945624

**FIND (FAMILIES IN NEED) IS A REGISTERED CHARITY IN ENGLAND AND WALES (CHARITY NO. 1106050)**



## Sat 18<sup>th</sup> July

# We're all going on a Summer HolyDay

### A grand day out in Bury St Edmunds

We'll make our way there either by train or in cars, arriving at the Cathedral from 10.30am with friends from Ipswich All Hallows and Lindbergh Road churches for tea and coffee. At 11am we'll worship together in the Lady Chapel before spending the day at leisure, on retreat or joining in with various activities:

- reflective tour with a Cathedral pilgrim guide
- walk the labyrinth
- lunch in Abbey Gardens (bring a picnic/rug)
- explore the ancient abbey ruins
- 2pm in the Cathedral - a special time for families with younger children
- Choral Evensong 3.30-4.15pm

Please register your interest! QR code or go to:  
<https://stmargaretsips.churchsuite.com/events/5asvs05>



office.stmagsips@gmail.com  
 www.stmargaretsipswich.org.uk  
*welcoming people of all faiths and none*



## Growing Deeper



### **Thanksgiving**

For the many languages and cultures represented by our church community. For the many ways we share messages of God, Jesus, and the Holy Spirit through our lives. For children, parents, and teachers enjoying a sunny half-term this week. For visitors to our church throughout the week. For our Family Morning, which took place in the church hall on Friday.

### **Prayer**

Praying for our community: residents, visitors, businesses and passers-by this week, as we pray for Tuddenham Road, Grosvenor Close, and Cemetery Lane.

### **Support**

Remember our Pastoral Team is here to support members of the St Margaret's community, whether ill or in need of a friendly listening ear, details can be found towards the bottom of this email.

### **Social Action**

Please remember we have a box at the back of the church all year round to collect contributions of food and toiletries.

## **Growing Greener**

### **Green Tip of the week : Buy second-hand!**

Charity shops and jumble sales have long offered a reliable way to extend the life of clothes. Sites like eBay, Facebook Marketplace and Vinted also make it easier to buy and sell pre-loved items.

*With thanks to Revd Richard Stainer.*

**Loving God • Care for Creation • Love Our Global Neighbours**

# Forthcoming Services and Events

## Sunday 7th June

8 am BCP Holy Communion  
10am Family Communion (L)  
6pm Prayer & Praise

## Tuesday 9th June

8 am Morning Prayer

## Wednesday 10th June

9am School service  
12 pm Holy Communion  
~~7pm No evening prayer meeting today~~

7pm Archdeacon's Visitation Service at St Bartholmew's Church, 71 Newton Road, IP3 8HQ

## Friday 12th June

8 am Morning Prayer in Church

## Sunday 14th June

8 am BCP Holy Communion  
10am Cafe church  
6pm Choral communion (L)

## Tuesday 16th June

8 am Morning Prayer

## Wednesday 17th June

9am School service  
12 pm Holy Communion (followed by soup)

## Thursday 18th June

3.15-5pm Together in the church centre

## Friday 19th June

8 am Morning Prayer in Church

## Saturday 20th June

8.30am Men's breakfast

## Save the Dates

### Saturday 18th July

Day Trip / Pilgrimage to Bury St Edmunds with friends from All Hallows Church to include a special service in the Cathedral led by the All Hallows and St Margaret's community, the opportunity to explore Bury St Edmunds for fun, picnics and/or reflective retreat time and the chance to finish the day attending Choral Evensong in the Cathedral. Please sign up using [this link](#).

Rev Helen will be on a curate placement with Lark Valley and North Bury Team in Thingoe Deanery (combining part of the town and surrounding villages of Bury St Edmunds) from the end of May until the beginning of July.

# Offertory

The life and mission of St Margaret's is financially sustained through generous giving. If you have been giving regularly as part of your practice of gratefully living in God's service, thank you. If you're new to the community, or would like to think about celebrating life in this way, you may find the following helpful: we receive no income from 'The Church'... we are the church! So, thank you – for anything and everything that you are able to give in response to God's generosity.

In church you can give in a couple of ways on the day:

- **Collection plate** – during services a collection plate is sometimes passed among the congregation, but you will more often find it at the South door as you leave or arrive. Do use a yellow envelope if you're a tax payer so gift aid may be re-claimed.
- **Tap giving** – during services a tap giving machine is located on the pillar on the west wall, to the left of the bell tower – do consider tapping your card or device. As well as giving regularly, this is also a good way of offering an occasional additional gift.
- **Regular Giving** – St Margaret's is registered with the [Parish Giving Scheme](#), allowing you to be in control of your giving and to give securely and safely online by Direct Debit.
- **Online giving** – If you wish to make a one-off or extra gift online, you can do so securely via the [Parish Giving Scheme](#).
- **Gift Aid** – if you are a tax payer, St Margaret's can claim back the basic tax you have already paid to the government. To make the appropriate declarations, please speak with the treasurer, [John Grierson](#).
- Leaving a **gift in your will** or making a **donation in memory** of a loved one – no matter how large or small, every gift makes a difference. If you would like to talk about this with someone, in confidence, then please consider speaking with the treasurer, [John Grierson](#) or the Vicar, [Sarah](#).

## Contact us:

### Revd Sarah Geileskey - Vicar

Email: [revsarahgeileskey@gmail.com](mailto:revsarahgeileskey@gmail.com)

Address: The Vicarage, 32 Constable Road, IP4 2UW

Telephone: 07841 687879

**Sarah's rest days are usually Thursday each week and the second Friday of each month**

### Revd Helen Prior-Townsend - Curate

Email: [helenptstmags@gmail.com](mailto:helenptstmags@gmail.com)

Telephone: 07541 707543

**Helen's rest days are usually Monday each week and every fourth Tuesday of each month.**

### George Woodward - Licensed Lay Minister (Reader)

Email: [reader.stmagsjps@gmail.com](mailto:reader.stmagsjps@gmail.com)

Telephone: 07990 573258

**George's quiet days tend to be Wednesdays and Fridays.**

## Churchwardens

Bart Bisbal

Email: [churchwardens.stmagsjps@gmail.com](mailto:churchwardens.stmagsjps@gmail.com)

Telephone: 07495 759203

## Office

Email: [office.stmagsjps@gmail.com](mailto:office.stmagsjps@gmail.com)

Office Hours: Tuesday, Wednesday and Friday 9.30am - 2.30pm

Number: 07733 609661 and leave a message.

## Church Office and Contacts during the Church Administrator's period of Maternity Leave

**We are looking forward to Lucy returning to the church office at the end of July 2026.**

We are taking the opportunity to rationalise email addresses. With immediate effect, please use [office.stmagsips@gmail.com](mailto:office.stmagsips@gmail.com) for all correspondence. We are still trying to maintain the current office opening hours: Tuesday, Wednesday and Fridays 9.30am - 2.30pm but this is not always possible, so if you have a particular reason for visiting the office, do email or call ahead of time to confirm.

**Pastoral Support:** The Pastoral Care Team are a small group of volunteers who try and support people in a variety of situations by offering a listening ear, a helping hand or by providing useful information. Please click [here](#) for more information or contact Maggie Conder at [pastoralteam.stmagsips@gmail.com](mailto:pastoralteam.stmagsips@gmail.com).

**Safeguarding:** This parish recognises that the welfare of children, young people and vulnerable adults is paramount and that we have a duty of care when they are in our charge. We will do everything that we can to provide a safe and caring environment whilst they attend our activities. When there is a disclosure of harm or there are concerns about the welfare of any children, young person or vulnerable adult, all adults in our church community are expected to share their concerns and allegations with one of the following:

Carol Klug - Parish Safeguarding Officer. Email [safeguarding.stmagsips@gmail.com](mailto:safeguarding.stmagsips@gmail.com)

Frederike Jacob is our assistant Parish Safeguarding Officer

More information on how you can report any safeguarding concerns is available from The Diocese of St Edmundsbury and Ipswich [here](#)

## Newsletter Contents

Please send any items for next week's newsletter to the Church Office ([office.stmagsips@gmail.com](mailto:office.stmagsips@gmail.com)), ideally by email, by **Thursday lunchtime please**. If you would like to receive this mailing each week please [complete this form](https://stmargaretsips.churchsuite.com/connect/mydetails/submit) <https://stmargaretsips.churchsuite.com/connect/mydetails/submit>